CONFERENCE PROGRAMME

ICCR 2026

Physical Education and Sport

14 oral presentations • **15 min / presentation**

DATE Friday, 13 November 2026

VENUE / ROOM The Institute of Physical Education and Sport, room 136

CHAIRS Lecturer dr. Vasile TĂBÎRȚA, Associate prof. dr. Victor MANOLACHI

SECTION I

Oral Presentations

Each presentation: 15 minutes (talk and questions included). Session starts at [13:30].

01
13:30–13:45

THE PROBLEM OF ATHLETE SELECTION AND SPORTS ORIENTATION IN WRESTLING PRACTICE

Andreea Constantina ANDREI (PĂTRU)[1], Veaceslav MANOLACHI[2]

[1]*"Dunărea de Jos University" of Galați*

[2]*Institute of Physical Education and Sport of Moldova State University*

02
13:45–14:00

ASPECTS OF EFFICIENCY AND SUCCESS IN THE COMPETITIVE ACTIVITIES OF JUNIOR TENNIS PLAYERS

Lilia ANGHEL[1]

[1]*Institute of Physical Education and Sport of Moldova State University*

03
14:00–14:15

THE ROLE OF PERSONAL HYGIENE IN PREVENTING DERMATOLOGICAL INFECTIONS IN ELITE ATHLETES

Igor ARSENE[1]

[1]*Institute of Physical Education and Sport of Moldova State University*

04
14:15–14:30

THE INFLUENCE OF PHYSICAL EDUCATION PROGRAMS ON STUDENTS' COOPERATION AND PROSOCIAL BEHAVIOR

Liliana BUDEVICI-PUIU[1]

[1]*Institute of Physical Education and Sport of Moldova State University*

05
14:30–14:45

A STUDY ON THE IMMEDIATE COMMUNICATION NEEDS OF TECHNICAL STAFF IN AN INTERNATIONAL SPORTS CONTEXT

Diana CACIAN[1]

[1]*Moldova State University*

06
14:45–15:00
ORAL

ADAPTATION OF THE ADOLESCENT RESPIRATORY SYSTEM TO PHYSICAL EXERTION

Eugeniu DUDNIC[1], Liuba TURUTA[2], Natalia DUDNIC[3]

[1]*Institute of Physical Education and Sport of Moldova State University*
[2]*Moldova State University*
[3]*High School "S. Rahmaninov", Chisinau, Republic of Moldova*

07
15:00–15:15

DEVELOPMENT OF PROFESSIONAL COMMUNICATION MANAGEMENT COMPETENCIES AMONG FUTURE SPECIALISTS IN THE FIELD OF PHYSICAL EDUCATION AND SPORT

Mariana GÎDEI[1]

[1]*Institute of Physical Education and Sport of Moldova State University*

08
15:15–15:30

INTERDISCIPLINARY COMMUNICATION AS A FACTOR IN OPTIMIZING THE DEVELOPMENT OF PROFESSIONAL COMPETENCIES IN THE DISCIPLINES OF HUMAN PHYSIOLOGY AND ERGOPHYSIOLOGY AMONG FOREIGN STUDENTS: ASPECTS OF SOCIOCULTURAL INTEGRATION

Natalia GÎRLEA[1], Ecaterina LUNGU[2,3], Angela TĂTARU[1]

[1]*Institute of Physical Education and Sport of Moldova State University*
[2]*"Ion Creanga" State Pedagogical University of Chisinau, Republic of Moldova*
[3]*"Dunărea de Jos University" of Galați*

09
15:30–15:45

METHODOLOGY FOR DEVELOPING AND IMPROVING WRESTLERS' STRENGTH AND STRENGTH-SPEED CAPACITIES

Victor MANOLACHI[1,2]

[1]*Institute of Physical Education and Sport of Moldova State University*
[2]*"Dunărea de Jos University" of Galați*

10
15:45–16:00

OPTIMIZING THE STRENGTH AND FORCE-SPEED EFFORT OF GRECO-ROMAN STYLE WRESTLERS IN THE ANNUAL TRAINING CYCLE

Veaceslav MANOLACHI[1], Victor MANOLACHI[1,2]

[1]*Institute of Physical Education and Sport of Moldova State University*
[2]*"Dunărea de Jos University" of Galați*

11
16:00–16:15

THE TRANSVERSALITY OF STUDENTS' PROFESSIONAL COMPETENCIES IN HIGHER PHYSICAL EDUCATION INSTITUTIONS WITHIN THE DISCIPLINE "ENGLISH"

Natalia NASTAS[1,2]

[1]*Institute of Physical Education and Sport of Moldova State University*
[2]*"Dunărea de Jos University" of Galați*

12
16:15–16:30

DEVELOPMENT OF SPORT-SPECIFIC MOTOR ABILITIES IN FOOTBALL GOALKEEPERS

Serghei SÎRGHI[1]

[1]*Institute of Physical Education and Sport of Moldova State University*

13
16:30–16:45

PATHOPHYSIOLOGICAL MECHANISMS OF SPLANCHNIC ISCHEMIA IN ENDURANCE SPORTS AND THEIR IMPACT ON THE INTESTINAL BARRIER

Angela TĂTARU[1], Natalia GÎRLEA[1]

[1]*Institute of Physical Education and Sport of Moldova State University*

14
16:45–17:00

OPTIMIZATION, PLANNING, AND CONTENT OF TRAINING FOR ELITE WRESTLERS DURING THE PRE-COMPETITION PHASE

Emilia-Alina VUCR[1], Victor MANOLACHI[1,2]

[1]*"Dunărea de Jos University" of Galați*
[2]*Institute of Physical Education and Sport of Moldova State University*

15
17:00–17:15

EMOTIONAL INTELLIGENCE AND EMPATHY AS PSYCHOLOGICAL FACTORS IN THE DEVELOPMENT OF COMMUNICATION SKILLS AMONG FUTURE TRAINERS

Adelina BARDIER[1]

[1]*Institute of Physical Education and Sport of Moldova State University*

16
17:15–17:30

THE ROLE OF PHYSIOTHERAPY IN MOTOR DEVELOPMENT IN CHILDREN UNDER THREE YEARS OF AGE WITH DEVELOPMENTAL DYSPLASIA OF THE HIP: AN ONGOING CLINICAL STUDY

Adrian BOROȘ[1], Marcela UNTILA[1]

[1]*Institute of Physical Education and Sport of Moldova State University*

17
17:15–17:30

THE INTERRELATIONSHIP BETWEEN CARDIOVASCULAR AND RESPIRATORY PHYSIOLOGICAL INDICES IN COMPETITIVE SWIMMERS

Inga DELEU[1], Irina DELIPOVICI[1]

[1]*Institute of Physical Education and Sport of Moldova State University*

18
17:30–17:45

HEMOGLOBIN AND ITS ROLE IN THE BODY'S ADAPTATION TO PHYSICAL EXERTION

Irina DELIPOVICI[1], Inga DELEU[1]

[1]*Institute of Physical Education and Sport of Moldova State University*

19
17:45–18:00

THE APPLICATION OF PROPRIOCEPTIVE NEUROMUSCULAR FACILITATION (PNF) TECHNIQUES IN STIMULATING NEUROMUSCULAR MECHANISMS AND OPTIMIZING LOWER LIMB FUNCTION

Felicia RUSNAC[1,2], Eugeniu AGAPII[1]

[1]*Institute of Physical Education and Sport of Moldova State University*

[2]*"Dunărea de Jos University" of Galați*

20
18:00–18:15

THE ROLE OF PHYSICAL EDUCATION AND SPORT IN DEVELOPING SOCIAL AWARENESS AND PROSOCIAL BEHAVIOR AMONG STUDENTS

Felicia RUSNAC[1,2], Natalia NASTAS[1,2], Liliana BUDEVICI-PUIU[1], Adelina GHEȚIU[1], Viorel DORGAN[1,2]

[1]*Institute of Physical Education and Sport of Moldova State University*

[2]*"Dunărea de Jos University" of Galați*

21
18:15–18:30

CONTEMPORARY APPROACHES TO ASSESSING FOOT FUNCTION IN CHILDREN WITH CONGENITAL CLUBFOOT

Marcela UNTILA[1]

[1]*Institute of Physical Education and Sport of Moldova State University*