CONFERENCE PROGRAMME

ICCR 2026

Physical Education and Sport

14 oral presentations • **15 min / presentation**

DATE Friday, 13 November 2026

VENUE / ROOM The Institute of Physical Education and Sport, room 136

ONLINE LINK Microsoft Teams – Physical Education and Sport (click to join)

CHAIRS Lecturer Dr. Vasile TĂBÎRȚA, Assoc. Prof. Dr. Victor MANOLACHI

SECTION I

Oral Presentations

Each presentation: 15 minutes (talk and questions included). Session starts at 13:30.

01
13:30–13:45

THE PROBLEM OF ATHLETE SELECTION AND SPORTS ORIENTATION IN WRESTLING PRACTICE

Andreea Constantina ANDREI (PĂTRU)[1], Veaceslav MANOLACHI[2]

[1]*„Dunărea de Jos" University of Galați, Romania*
[2]*Institute of Physical Education and Sport, Moldova State University, Chișinău, Republic of Moldova*

02
13:45–14:00

ASPECTS OF EFFICIENCY AND SUCCESS IN THE COMPETITIVE ACTIVITIES OF JUNIOR TENNIS PLAYERS

Lilia ANGHEL[1]

[1]*Institute of Physical Education and Sport, Moldova State University, Chișinău, Republic of Moldova*

03
14:00–14:15

THE ROLE OF PERSONAL HYGIENE IN PREVENTING DERMATOLOGICAL INFECTIONS IN ELITE ATHLETES

Igor ARSENE[1]

[1]*Institute of Physical Education and Sport, Moldova State University, Chișinău, Republic of Moldova*

04
14:15–14:30

THE INFLUENCE OF PHYSICAL EDUCATION PROGRAMS ON STUDENTS' COOPERATION AND PROSOCIAL BEHAVIOR

Liliana BUDEVICI-PUIU[1]

[1]*Institute of Physical Education and Sport, Moldova State University, Chișinău, Republic of Moldova*

05
14:30–14:45

A STUDY ON THE IMMEDIATE COMMUNICATION NEEDS OF TECHNICAL STAFF IN AN INTERNATIONAL SPORTS CONTEXT

Diana CACIAN[1]

[1]*Moldova State University, Chișinău, Republic of Moldova*

06
14:45–15:00

ADAPTATION OF THE ADOLESCENT RESPIRATORY SYSTEM TO PHYSICAL EXERTION

Eugeniu DUDNIC[1], Liuba TURUTA[2], Natalia DUDNIC[3]

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[2]*Moldova State University, Chișinău, Republic of Moldova*
[3]*„S. Rahmaninov" High School, Chișinău, Republic of Moldova*

07
15:00–15:15

DEVELOPMENT OF PROFESSIONAL COMMUNICATION MANAGEMENT COMPETENCIES AMONG FUTURE SPECIALISTS IN THE FIELD OF PHYSICAL EDUCATION AND SPORT

Mariana GÎDEI[1]

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08
15:15–15:30

INTERDISCIPLINARY COMMUNICATION AS A FACTOR IN OPTIMIZING THE DEVELOPMENT OF PROFESSIONAL COMPETENCIES IN THE DISCIPLINES OF HUMAN PHYSIOLOGY AND ERGOPHYSIOLOGY AMONG FOREIGN STUDENTS: ASPECTS OF SOCIOCULTURAL INTEGRATION

Natalia GÎRLEA[1], Ecaterina LUNGU[2,3], Angela TĂTARU[1]

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[2]*„Ion Creangă" State Pedagogical University, Chișinău, Republic of Moldova*
[3]*„Dunărea de Jos" University of Galați, Romania*

09
15:30–15:45

METHODOLOGY FOR DEVELOPING AND IMPROVING WRESTLERS' STRENGTH AND STRENGTH-SPEED CAPACITIES

Victor MANOLACHI[1,2]

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[2]*„Dunărea de Jos" University of Galați, Romania*

10
15:45–16:00

OPTIMIZING THE STRENGTH AND FORCE-SPEED EFFORT OF GRECO-ROMAN STYLE WRESTLERS IN THE ANNUAL TRAINING CYCLE

Veaceslav MANOLACHI[1], Victor MANOLACHI[1,2]

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[2]*„Dunărea de Jos" University of Galați, Romania*

11
16:00–16:15

THE TRANSVERSALITY OF STUDENTS' PROFESSIONAL COMPETENCIES IN HIGHER PHYSICAL EDUCATION INSTITUTIONS WITHIN THE DISCIPLINE "ENGLISH"

Natalia NASTAS[1,2]

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[2]*„Dunărea de Jos" University of Galați, Romania*

12
16:15–16:30

DEVELOPMENT OF SPORT-SPECIFIC MOTOR ABILITIES IN FOOTBALL GOALKEEPERS

Serghei SÎRGHI[1]

[1]*Institute of Physical Education and Sport, Moldova State University, Chișinău, Republic of Moldova*

13
16:30–16:45

PATHOPHYSIOLOGICAL MECHANISMS OF SPLANCHNIC ISCHEMIA IN ENDURANCE SPORTS AND THEIR IMPACT ON THE INTESTINAL BARRIER

Angela TĂTARU[1], Natalia GÎRLEA[1]

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14
16:45–17:00

OPTIMIZATION, PLANNING, AND CONTENT OF TRAINING FOR ELITE WRESTLERS DURING THE PRE-COMPETITION PHASE

Emilia-Alina VUCR[1], Victor MANOLACHI[1,2]

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